

## Updated Meal Standards Charts

- [Infants](#)
- [Children](#)
- [Adults](#)

## One-Page Summaries of the Updated Meal Standards

- [Infants \(English, Spanish\)](#)
- [Children and Adults \(English, Spanish\)](#)
- [Best Practices \(English, Spanish\)](#)

## CACFP Meal Pattern Training Tools

- [Choose Yogurts That Are Lower in Added Sugars \(English, Spanish\)](#)
- [Choose Breakfast Cereals That Are Lower in Added Sugars \(English, Spanish\)](#)
- [Serving Milk in the CACFP \(English, Spanish\)](#)
- [Growing A Healthier Future With the CACFP \(English, Spanish\)](#)