

Manage Grain Ounce Equivalents

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CST

The USDA requires that all grains served be recorded using ounce equivalents instead of standard units of measurement. This requirement applies to both the Bread/Alt and Infant Cereal components. To accommodate this policy, you must enter an ounce equivalent calculation for all Bread/Alt and Infant Cereal foods. This calculation determines the total ounce equivalents present in the food you are entering. This value will inform all quantities calculations performed for Bread/Alt and Infant Cereal foods in Minute Menu CX and KidKare.

Note that there are weight differences between brands of the same food. For example, one slice of bread from Brand A may weigh 28g, but Brand B may weigh 45g. Sites can override your saved calculation to account for these differences so the proper amounts are served, unless you lock the calculation on the food list.

To add an ounce equivalent equation to existing grains on your food list:

1. From the menu to the left, click **Foods**.
2. Click **Food List**. The Food List page opens.
3. Filter to the food items to update. There are two ways to do this:
 - If there are breads/grains missing the ounce equivalent calculation, a [red calculator] displays next to those items, and a banner displays at the top of the page. Click the banner to filter to only those breads/grains that are missing the calculation.
 - Click the **Bread/Alt** tab to filter to breads and/or the **Infant Cereal** tab to filter to infant cereals. Items missing a calculation have a  next to them.
4. Click the item to update. The Add/Edit Food page opens.
5. In the **Food Quantity Group** section:
 - a. Click the **Grains Group** drop-down menu and select the Exhibit A grains group to which this item belongs. You can view Exhibit A [here](#). Note that if you are updating an Infant Cereal, this drop-down menu is locked to Group I (ready-to-eat cereals).
 - b. Click the **Serving Size** box and enter the standard serving size for this item. For example, if you are updating Brand B bread and the nutrition label says that one serving is one slice, you would type **1** in this box.
 - c. Click the corresponding drop-down menu and select the serving unit. Following our example, you would select **slice**. You can also click  and enter a custom unit.
 - d. Click the **Serving Weight** box and enter the serving weight from the nutrition label in grams or ounces. Then, click the corresponding drop-down menu and select **grams (g)** or **ounces (oz)**. In our example, a serving of Bread A weighs 45g, so we enter 45 and select grams (g). Once you enter this information, the **1 Serving =** box displays and shows the amount of ounce equivalents in one serving of this item.

Foods > Edit Food

Display

Category: * Breads

Name: * Brand A Bread

Spanish Name:

Food Type: * Bread/Alt

Nutritional Information

Vitamin A: No High Fat: No

Vitamin C: No High Salt: No

Whole Grain-Rich: No Iron: No

Food Quantity Group

Grains Group: * Group B

Serving Size: * 1 Slices (slice)

Serving Weight: * 45 grams (g) 1 Serving = 1.50 oz eq

Additional Information

Approvals

Breakfast: Yes

Snack: Yes

Lunch/Dinner: Yes

Non-infant: * Allow

Infant 6-11: * Allow

Infant 0-5: * Disallow

Effective Dates

End:

e. Click to lock this calculation and prevent sites from overriding it on the Daily Menu page in

KidKare and the Record Menu window in CX, if needed. Click to unlock it again.

6. Click **Save**. Repeat for each food you need to update.