Print Your Food Chart

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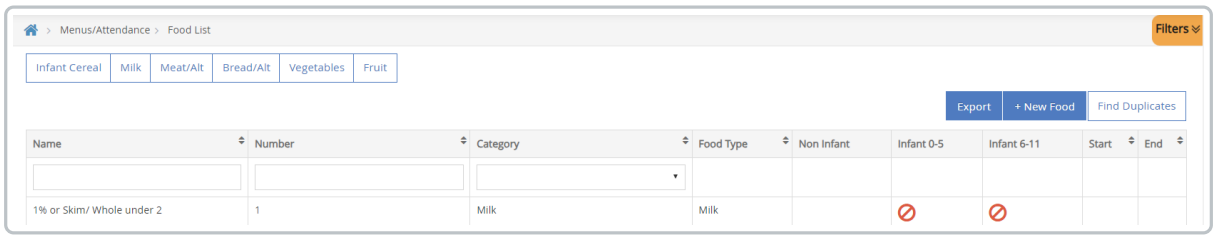
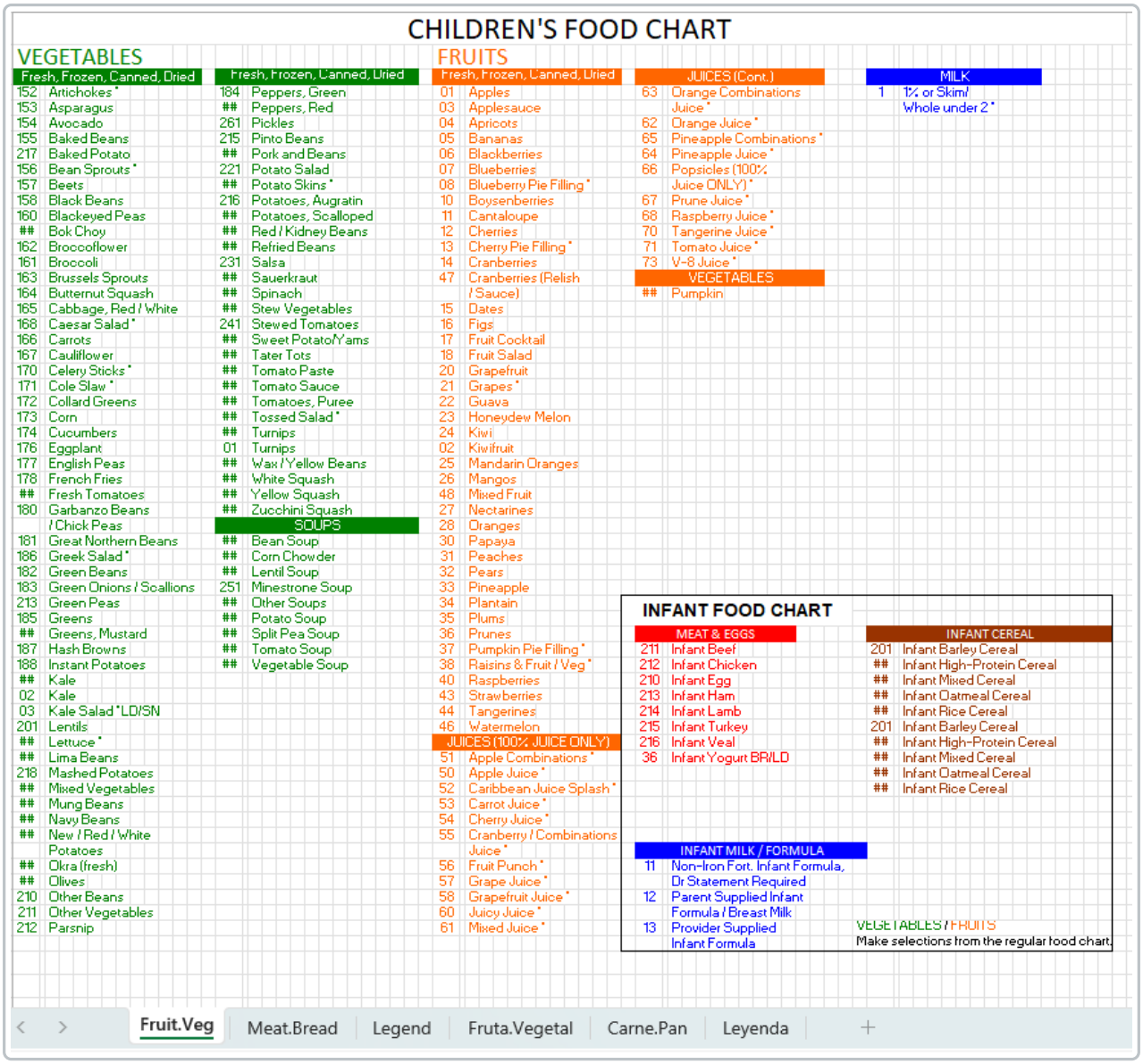
In order to print your food list:

1. From the menu to the left, click **Foods** and select **Food List**.
2. Click **Export**. A spreadsheet downloads. From here, you can customize the list with your own logo, contact information, and so on.



Sample report: